

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Cassoulet	Jamaican Jerk Chicken	Lamb & Lentil Dhansak Curry	Traditional Lasagne served with Garlic Bread	Battered Cod Breadcrad Haddock
Sweet & Sour Chicken	Spaghetti Bolognaise	Turkey & Sweetcorn Pie	Zesty Chicken	Curried Quorn Wrap
Butternut Squash & Spring Onion Frittata	Ratatouille Bruschetta	Quorn Sticky Sausages	Stuffed Mexican Rice Pepper	Spinach & Red Onion Pitta Bread Pizza
Baby Boiled Potatoes Noodles Savoy Cabbage	White and Brown Rice Sweetcorn	Indian Rice Creamy Mashed Potato Broccoli Florets Onion Bhaji	Jacket Wedges Medley of Farmhouse Vegetables	Chips Reduced Sugar & Salt Baked Beans Peas or Mushy Peas
Green Salad	Green Salad	Green Salad	Green Salad	Green Salad
Red Cherry Pie with Custard Sauce or Vanilla Ice-Cream	Apple Crumble with Cinnamon Custard or Vanilla Ice-Cream	Jam & Coconut Sponge with Custard Sauce or Vanilla Ice-Cream	Peach Turnovers Custard Sauce or Vanilla Ice-Cream	Chocolate Fudge Cake with Vanilla Ice-Cream

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Lasooni Chicken Tikka Masala	Beef & Green Peppers in Black Bean Sauce	Roast Chicken with Sage & Onion Stuffing	Highland Minced Pork Plait	Battered Cod Breaded Haddock
Freshly Made Salmon Fishcake	BBQ Chicken Wrap	Shepherds Pie	Chilli Con Carne	Cajun Chicken Fillet Burger
Tomato Macaroni Cheese	Mushroom & Courgette Wellington	Sweet Potato & Sage Butter Risotto	Cheese, Tomato & Basil Quiche	Vegetable Korma
White and Brown Rice Sauté Potatoes Garlic Bread Petit Pois	Noodles Baked 1/2 Jacket Potato Baby Boiled Potatoes Broccoli & Cauliflower Florets	Roast Potatoes Mediterranean Roasted Vegetables Peas with Baton Carrots	Sauté Potatoes White and Brown Rice Fine Green Beans	Chips White and Brown Rice Peas or Mushy Peas Reduced Sugar & Salt Baked Beans
Green Salad Baked Syrup Sponge with Custard Sauce or Vanilla Ice-Cream	Green Salad Rhubarb Crumble with Cinnamon Custard or Vanilla Ice-Cream	Green Salad Apple & Cinnamon Pie with Custard Sauce or Vanilla Ice-Cream	Green Salad Chocolate Muffin with Chocolate Custard or Vanilla Ice-Cream	Green Salad Sticky Toffee Apple Cake with Vanilla Ice-Cream

MONDAY

Sweet Chilli Pork

Lemon & Parmesan Crusted
Chicken

Mediterranean Quorn Wrap

Noodles
Pasta Shells in
Tomato & Basil Sauce

Whole Baby Corn

Lemon Bakewell Tart
with Lemon Custard or Vanilla
Ice-cream

TUESDAY

Turkey Enchiladas

Lamb Kheema Korma

Bolognese Mozzarella
Focaccia Melt

White and Brown Rice
Spicy Jacket Wedges
Poppadoms
Sautéed Leeks & Peppers

Marble Sponge
with Chocolate Custard or
Vanilla Ice-Cream

WEDNESDAY

Minced Beef & Onion Pie

Paprika Chicken

Roasted Vegetable Pilaff &
Mint Yoghurt Dip

Creamy Mashed Potato
Spanish Rice
Mini Garlic & Coriander Naan
Julienne Carrots

Peach Crumble
with Custard Sauce or Vanilla
Ice-Cream

THURSDAY

Roast Pork Loin Steak
Served with Apple Sauce

Chicken Italienne

Broccoli Cheese Gratin

Roast Potatoes
Spaghetti
Savoy Cabbage

Apple & Blackberry Pie
with Fresh Cream or Vanilla
Ice-Cream

FRIDAY

Breaded Plaice
Battered Hoki

Lemon & Black Pepper Tuna
Steak

Traditional Chicken Tikka
Pizza

Vegetable Sausage Toad in
the Hole
Chips
Peas or Mushy Peas
Reduced Sugar & Salt Baked
Beans

Chocolate & Mandarin with
Sponge with Vanilla
Ice-Cream

MONDAY
Lincolnshire Sausages in
Onion Gravy
Chicken Balti
Spring Vegetable & Potato
Bake
Mashed Potato
White and Brown Rice
Peas with Baton Carrots
Green Salad
Raspberry Pie
with Custard Sauce or
Vanilla Ice-Cream

TUESDAY
Cajun Chicken
Ham & Mushroom Pasta
Carbonara
Caribbean Vegetable
Curry
Baby Boiled Potatoes
White and Brown Rice
Sweetcorn
Green Salad
Sticky Toffee Date
Pudding with Caramel
Sauce or Vanilla
Ice-Cream

WEDNESDAY
Turkey Fajita
Tuna Tomato Pasta Bake
Southern Style Quorn
Dippers with Salsa Dip
Sauté Potatoes
Garlic Bread
Mixed Vegetables
Green Salad
Apple & Rhubarb Pie
with Custard Sauce or
Vanilla Ice-Cream

THURSDAY
Chicken a la King
Pork Meatballs in Sweet
Chilli Sauce
Roasted Vegetable Puff Slice
White and Brown Rice
Baby Boiled Potatoes
Penne Pasta
Green Beans
Green Salad
Pear Crumble
with Custard Sauce or
Vanilla Ice-Cream

FRIDAY
Battercrisp Haddock
Breaded Cod
Chilli Beef Tacos
Cheese & Tomato Omelette
Chips
Peas or Mushy Peas
Reduced Sugar & Salt Baked
Beans
Green Salad
Chocolate Crunch
with Vanilla Ice-Cream